

# WORKING POSTURES

TAGARNO camera solutions is designed in close cooperation with Danish ergonomics specialists.

As the TAGARNO MAGNUS HD solutions does not depend on an ocular for focusing, your eyes, neck and back is relieved of unnecessary strain.

Just place the monitor, so that the middle of it is positioned 15 degrees lower than your eyes, to obtain an optimal working position for the protection of your eyes.

Make sure that the shape and height of the table is thoughtfully adjusted, so that your arms can rest comfortably while operating your object.

## TAGARNO MICROSCOPES

HEAD
Upright
.....
EYES
Focused on monitor
.....
NECK
Upright
.....
SHOULDERS
Relaxed
.....
BACK
Supported
.....
ARMS
Resting on desk



## OPTICAL MICROSCOPES

HEAD
Tilted forward
.....
EYES
Strained by eyepiece
.....
NECK
Bent forward
.....
SHOULDERS
Rolled forward
.....
BACK
No support
.....
ARMS
No support

